

1st Annual LiveSTRONG Day Charity Bike Ride and Silent Auction



When: Tuesday , May 13th
Check-in and day-of registration opens at 6:00 AM
14-Mile bike ride begins at 7:00 AM

Cost: \$20.00

Where: Sunstone Healing Center, 2425 Woodland Dr, Tucson AZ

Come and Ride with Mayor Bob Walkup and Chris Carmichael's training team for a 14-mile casual ride to help raise money to fight cancer.

Free Starbucks Coffee and fresh fruit, silent auction, chair massages and a door prize raffle for all riders after the ride. Sample Lance Armstrong's new energy drink, FRS - before it hits the market. Texas Roadhouse will be giving away free \$10 appetizer cards to all riders. Healthy Belgian waffle breakfast will be available for a \$10.00 donation to Sunstone Healing Center.

Door prize items include 10 gift certificates from local bike shops for \$50 to \$150.

Silent auction items include a four-person round of golf at J.W. Starr Pass Marriott with cart fee; Chris Carmichael's new top-secret not-on-the-market-yet bike tool valued at \$400.00; Chris Carmichael bike gear; hot rock massages from Bonnie Skogman; spa treatments from Canyon Ranch Resort and much more.

Optional ride up Mt. Lemmon with Chris Carmichael's training team after the event.

For more information or to register for the event, contact Penny Waller at 520-269-9912 or PennyLiveSTRONG7@aol.com